

Guest Editorial

A Rational Guide to the Awareness of The Ultimate Reality of Allah

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ABSTRACT

In this article, we shall be examining the method by which one can expand one's consciousness – a way by which one advances and creates that much sought after inner peace. We shall be analyzing four distinct, yet interrelated stages in an evolution of a human being's understanding of his/her self and his/her place the universe. We shall be looking into the key ingredients that lead to self-actualized peace, through a unique method of the expansion of human consciousness, which I term: AURA.

Key Words: Allah, God, rational guide, human consciousness, peace.

Introduction

No topic can be more important to the individual human person than obtaining true personal inner peace. However, this peace that is perennially sought can only be realized by following certain principles that work. In this article, we shall be examining the method by which one can expand one's consciousness – a way by which one advances and creates that much sought after inner peace. We shall be analyzing four distinct, yet interrelated stages in an evolution of a human being's understanding of his/her self and his/her place the universe. We shall be looking into the key ingredients that lead to self-actualized peace, through a unique method of the expansion of human consciousness, which I term: **AURA**, which stands for **A**wareness of the **U**ltimate **R**eality of **A**llah. Here, one could use any sublime name for Allah in various languages: God, Mungu, Jehovah etc. Allah fits the acronym perfectly and that is the only reason why I chose it. Simply remember that Allah = God.

The Physical World

We human beings live in a world of senses. Yet even those of us who have acknowledged God through the logic of the evidences, do not 'see' God but only the physicality of the universe. Those, on the other hand, who do not acknowledge God because they do not 'see' Him in any way reject the existence of God. They see

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themselves as physical beings of matter and energy and consider themselves to be *physical beings in the physical world*, no more and no less. Moreover, one day they think that they will be sucked into the oblivion of absolute extinction and that is it! Now those who oppose such a worldview, believe that more exists to life than this world. They hold that: just because you cannot see God, does not mean that 'He' does not exist. 'He' is indeed some other unique type of being who lies beyond our perception. They believe, through proof, that God is singular and separate from the universe, yet is still a personal God, though infinite and unlike anything we know of, or can compare with. They argue that the universe could not have occurred by chance; it had an origin and God is its cause. In short, they ascribe to the view that a design proves a designer. They therefore tend to see themselves as *physical beings in a spiritual world*. However, even though this group is on the correct path, because of the multifarious evidences in the universe, they do not possess the complete truth, in the sense that there is more to this – much more. What approaches the complete truth is the fact that we are actually *spiritual beings in the physical world*, the flip of the previous position of the 'rational theists'. This is because that which has created us, is the one who has imagined this universe to come into being. Our consciousness is therefore *from* God, through creation. It is as if we were pre-created and asked if we wanted to be in this universe as a test to see if we would be able to determine the purpose of life and act accordingly. Our real essence is not material, but, to the contrary, it is non-material, for as a non-material *command* of God, we exist in biological bodies structured in a particularly unique way, which has been discussed extensively as a thesis in one of my co-authored books. If we call this other realm 'spiritual', for want of a better word, we are indeed then *spiritual beings in a material world*.

As proven in the afore-mentioned book, consciousness is property of space, and our bodies simply are portals which are tuned in with a fraction of that consciousness which is then personalized. It is this personalization of consciousness which gives us our self and will, which, of course is limited¹ unlike the consciousness of God, which is infinite, and it is this consciousness that is sustained by God. However, when we look at the material world, which is made of particles in absolute space, we realize that even those particles are themselves merely imagined and are created by God's imagination. Here, I am not talking about whimsical human imagination, but the imagination which creates a level of reality, based on rules. So in reality, *everything* we see around us, is from that overarching and contain-ful Consciousness and everything is, in that sense, "spiritual". We are indeed *spiritual beings in a spiritual world*, created and imagined by God. We are certainly real and exist, that is, the imagination of the Eternal One is not illusory but real. However, the basis of creation is the eternal imagination of a conscious being that

¹ Haque, Nadeem and Muslim M. (2007). *From Microbits to Everything: Universe of the Imaginator, Volume 2: The Philosophical Implications*, Optagon Publications Ltd., Toronto.
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we are calling 'God', through whose will we are sustained, where there is no 'outside', from a strictly logical and *not* mystical point of view.

To re-cap, the four levels for the **AURA** are:

AURA LEVEL

WORLDVIEW

- | | | |
|---|--|---|
| 1 | We are <i>physical beings</i> in the <i>physical world</i> | <i>Anti-rational Outlook</i> |
| 2 | We are <i>physical beings</i> in the <i>spiritual world</i> | <i>Rational Outlook</i> |
| 3 | We are <i>spiritual beings</i> in the <i>physical world</i> | <i>Unequivocally-rational Outlook</i> |
| 4 | We are <i>spiritual beings</i> in the <i>spiritual world</i> | <i>All-encompassing-rational Outlook</i> |

Visually, these levels are shown in Figure 1, on page 739. You can see that I have also used the acronym, AURA, in another way, to highlight the chief features of each stage.

Examining the Levels

Let us now examine these in greater depth and detail:

1. Those existing in level one live according to the *Pleasure Principle* – they *worship* pleasure and their lower desires even if those pleasures bring untold harm. Indeed, various mental and physical addictions do accrue on individuals existing in level one. They acquire unnatural tastes (those which go against the structured balance of nature) which might take time getting used to and then become addicted to those activities and develop an insatiable thirst for such pleasures. Yet internally, they are not at peace and they feel a deep vacuum or a lack of foundation, as if they are falling off from a cliff into a dark abyss. To compensate for this deficiency, and as a distraction mechanism too, they engage themselves more and more in these odiously destructive practices. Those in level one also tend to have a narrow view; they tend to block the rational and evidence-based perspective which helps a person to move to level two. As such, individuals who want to cling on to level one will want to not understand, see or listen to the arguments and evidences of those having a level two and above level two understanding. However, *if you do not know where you are coming from, where you are, and where you are going, it is impossible to be at peace. Conversely, if you know where you are coming from, where you are, and where you are going, it is impossible for you not to be at peace.* In short, if you don't know your purpose you cannot achieve serenity and tranquility. Indeed, those who know the purpose of the universe, lead a purposeful life. The proper understanding of purpose, which contains within it, concepts such as truth and non-contradictions in sayings and doings, leads to true peace and serenity.

2. Now those in level two have realized that there is something beyond. They use the signs of creation, evolution and design to remind them of the Creator – they are open to, and seek guidance from, only that which is rational and for which there is proof. However, their lack of a complete picture does not clearly establish the truth, because they do not acknowledge that we are *in* something and that something is the mind of God. So although they are conscious of God and do good acts, their view becomes self-limiting. They cannot answer the question of where is God. Those in level two may also tend to confuse the issue of being in the mind of God as being part of God and reject this reality, not realizing that being in the mind of God is being so as a creation of God. This is because imagination is simply a form of creation and is, furthermore, a sustained creation. This refusal to extend one's rationality to realize such a crucial point, impedes a natural progress from level two to level three – that *we are spiritual beings in a physical universe*. However, those who contemplate on us being so, and lead their lives with this view, soon come to realize that *everything* is really the imagination of God, for even that which is material is created from the realm of God's thoughts. As such, they realize the ultimate level of truth, level four: that we are *spiritual beings in a spiritual universe*.

3. Ironically there are some who are actually trapped in level one, but think they are spiritually very advanced or high; these are the mystics who equate God with the universe. In other words, they bring the level of God *down* to the level of the universe. Actually, this is a level where God is erroneously considered as the universe and the universe as God. It includes belief systems such as pantheism, monism, idolatry, etc. In general, those in level one will not use reason and they therefore delimit reason. As a consequence, they cannot grow to level two and beyond. Level two and beyond depend upon and are nurtured by reason, which is not dry reason, but reason propelled by passion to seek to know the truth, unwaveringly.

We can see that it is through these four levels that ought we to pass through. Indeed, our behaviour and consciousness of God will naturally increase as a result of such thinking. This thinking would be characterized by purity, honesty and rationality in all affairs life. Such an approach would help us to overcome our personal, psychological and physical demons. It would enable us to overcome external obstacles and challenges so as to enable us to grow towards God, in the quickest and best way possible. In other words, it would enable us to grow into eternity.

Evolving Consciousness

Moving from level one to level two, requires de-habituating oneself from destructive and dangerous habits, be they mental constructs/patterns or physical desires. But if a

door of rationality does open for those in level one, for even a fleeting instant, they must grab the thread to bring the whole rope toward them – this is the rope which connects them to this entity we are calling ‘God’. They must sit down quietly and take stock of their lives and direction. They must weigh the pros and the cons, in this life alone, let alone the consequences hereafter (which they may not have knowledge about, at this stage). In this way, they can either gradually, or through the ‘cold turkey’ method stop their harmful thoughts and practices. The right type of socialization, with people of knowledge on level two and above may indeed aid them toward this. If they strengthen their will and resolve and start to establish a relation with God, that is, with the one God that has no partners or replacement, they will grow out of this position and evolve into level two. They can resist the temptation to fall back into level one if they set their goal toward level two. Once they have reached level two, the pull to fall back into level one will diminish over time and is directly proportional to their will-power.

Sometimes a tragedy makes one shift one’s position, behaviour or habits – but one does not have to wait for such an unfortunate happenstance. If you happen to be a level one type of individual, act now – you have no time to lose; time is ticking and you will soon be in your grave. Start your process to raise the AURA – of the unique *evolutionary advancement towards a consciousness of One God as the Reality*; you have an infinite journey that must begin immediately, before it is too late.

Attaining the Higher Levels Three and Four

Moving from level two to level three, means restructuring one’s thinking from *conditioned-false-premises-based reasoning* – of thinking perfectly logically and accepting what logic leads to, which of course will never contradict any rational aspect of any revelation. Next, moving from level three to level four is really simply a matter of spending time in thinking more about the reality of creation and coming to the utmost realization that truly without imagination and eternity, there would be nothing. This requires more time contemplating, reflecting and worshiping the Creator; to internalize that which one has now realized rationally. Such individuals will have the most expansionalistic thoughts that embrace the whole of creation. They will seek to maintain and enhance sustenance and justice for all creation and themselves. These are the ones who have realized the nature of the ultimate reality and these include the prophets, and true saints and sages of yesteryear. These are the ones those who simply seek to be the foremost. *Seek to be the foremost and you will be the foremost and in the best company!* You have it within your power and you have no time to lose – seize this moment for perpetuity, for reality is nothing but an infinite series of moments.

Epilogue

In later articles on this subject, we shall be examining the state of knowledge of a person, the person's intentions and openness to learn and be corrected, the consciousness of God based on that state of knowledge, and, finally, the relationship between knowledge and action. By examining these parameters one will be able to learn where one *really* belongs on the AURA triangle.

Figure 1: AURA Levels

